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## **How to Wear a Cloth Face Covering**

Cloth face coverings should:

- Ensure face mask covers the nose and mouth completely
  - This is the only effective measure to prevent disease spread. This is most effective when each person is wearing a mask.
- Fit snugly but comfortably against the side of the face so there are no gaps.
- Be secured with ties or ear loops
- Include multiple layers of fabric



Yes. They should be routinely washed in the washing machine with mild detergent, dried in hot dryer and stored in a clean container or bag.

## How does one safely remove a used cloth face covering?

 Individuals should be careful not to touch their eyes, nose, and mouth when removing their face covering and wash hands immediately after removing.





